# A Message from Our Physicians

Hope Clinic is more than a doctors' office. Hope Clinic is a resource of health, healing, and Christian support for those who walk through the doors. Our aim is to connect with the whole person to alleviate sickness, lift burdens, and help our patients to reconnect with the things that matter most in life. We are fortunate to have a skilled and compassionate staff who are ready to offer meaningful help to those who come.

We value the trust that our patients place in us, no matter where they are on their life journey. It is our pleasure to offer whatever hope and help that we can. – Dr. Jennifer Kampas



Left to right: Dr. Lynne Orozco, Dr. Jennifer Kampas, Medical Director, and Dr. Donna Bailey

#### About "Voice of Hope"

A quarterly newsletter, *Voice of Hope*, shares the compassionate results in the lives of patients provided through Hope Clinic because of your generosity.

**Our Mission:** Hope Clinic exists to share the love of Jesus Christ by partnering with our

community to provide primary healthcare and resources for healthy living to the underserved population.

**Our Vision:** Hope Clinic is a model medical home providing equitable healthcare and Christ-centered support for the underserved community.

Delivering Hope & Health

Hope Clinic 800 S. 6th Street, Suite 100 Garland, TX 75040 Non-Profit Organization U.S. Postage **PAID** Permit No. 541 Plano, TX



#### Your Generosity Changed a Life

"I first came to Hope Clinic because I had diabetes. I was overweight. I needed help. I was weighing 400 lbs. It was a struggle because I couldn't walk much, the asthma was affecting me, the high blood pressure, cholesterol-everything was affecting me. I could barely walk. Now, I started doing Zumba. I started walking. I just adopted a little girl, so she has me going back and forth. I'm just blessed". – Anita

Patients Counseled by Volunteers

Already Christian

**137** Gospel Shared

76 Bibles Given Out

190 Tracts Distributed

**50** Professions of Faith

422 Volunteer Hours for Patients

#### Spiritually Speaking

One of the three divisions of Hope Clinic is the Spiritual Counseling Providers, all volunteers who dedicate their hearts to bringing the Message of God to our patients.

As they receive care for their physical well-being, the spiritual counselors provide support in Christ's name.

\*2018 Spiritual Care Statistics

#### **Hope Kits for Our Patients**

April 2019, First Baptist Church of Garland's G.I.F.T. Sunday School Class delivered the first patient kits to Hope Clinic, a new ancillary project dedicated to providing a variety of useful hygiene and dental products to patients.





Find out how your group can help with Hope Kits today! www.hopeclinic-garland.org

#### A Journey of Hope

"My journey with Hope Clinic started almost six years ago after I ended up being admitted to Baylor Hospital with a severe kidney infection.

We had recently moved to TX, and I didn't have a regular doctor. My husband's new job didn't offer insurance. The financial assistance program through the hospital introduced me to Hope Clinic for my follow-up care. I applied for assistance and have been a patient ever since. I have many serious health issues that Hope Clinic has been able to monitor and treat over the years. In December 2018, they were able to refer me to Baylor Scott & White Residency at Dallas with the GI Specialists for my procedures and treatments. The doctors, nurses, and staff members have all been so helpful and are always so friendly. Hope Clinic is a true blessing to me and everyone who walks through their doors. I owe my health to all of them, and I will be forever grateful. Their care, and guidance over the years have answered so many of my prayers. Thank you from the bottom of my heart." – Laura



## **Helen's Story**From Hurting to Healing

Hope Clinic means a lot to me. The employees have always met me with a wonderful smile ever since I joined the clinic.

Hope Clinic means safety, comfort, health, and psychological stability.

I will not forget how they helped me when I first visited the center, and I had a blood clot in my feet. I was miserable and scared, but they made me feel safe. I was treated with care, and they did the necessary work for me to get the medicine I needed. It was expensive, and they knew I did not have enough money to afford it so they contacted the manufacturer of the medication. I received one year of a free prescription.

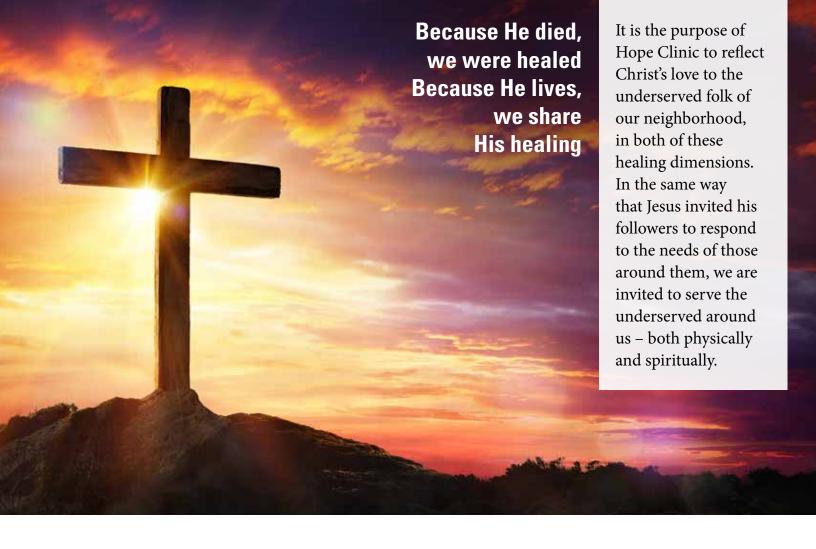
Until that moment I hesitated to visit a clinic for treatment. Today, I am enjoying good health and Hope Clinic has become a safe place for me. I have a special friendship with all the staff.

I would like to say "thanks" to all the staff at Hope Clinic. Thank you for your special attention, for your follow-up care, and finally, thank you for making life more beautiful and brighter.

Love With All My Respect, Helen

The King says, "I was sick and you looked after me...I tell you the truth. Whatever you did for the least of these brothers of mine, you did for me.

Matthew 25:36b, 40



### A Message from the Executive Director

In January, our dynamic Hope Clinic Board affirmed our direction throughout this year with a new Tactical Action Plan as our guidepost for providing quality healthcare, access to basic needs resources, and spiritual support for our patients.

An important step was the board declaration of Dr. Jennifer Kampas as Hope Clinic's new Medical Director. A staff physician for eight years with the clinic, Dr. Kampas brings dedication and commitment to our medical services with patients first.

During March, we opened our enrollment to accept new patients, which was truly an uplifting occurrence for so many Garland residents who were waiting to start their health management with us. Our new patients find comfort in knowing they now have a medical home.

Also on Hope Clinic's horizon are new local and state partnerships to enhance clinical operations, engage more medical professionals, and broaden the scope of our patients' access to wraparound services.

God calls many to help others on a daily basis, and I am so glad you are with the Hope Clinic family.



Thank you for your loving heart. Warmly always, Alice Mae

- Alice Mae Britt, Executive Director

